



# Center's Tip of the Month: Hurricane Sandy Recovery

-- Resources for recovering from Sandy --

All those who were affected by Hurricane Sandy are in the thoughts of the Center staff. As our city recovers, support is needed from friends, family and our community. Please utilize the resources below if your family was affected by the storm, would like to support the recovery efforts and would like to prepare for future storms.



## Tips & Resources

- ◆ **What can you do?** Keep your home healthy by taking care of mold problems.
  - ◇ If your home was flooded, there is a chance that mold is growing because of the extra moisture. Mold is harmful to our health and must be addressed appropriately:
    - ◆ For small mold spots, look at the [EWG 2012 Guide to Healthy Cleaning](#) to choose a safe mold cleaner.
    - ◆ Open windows and wear gloves when cleaning mold.
    - ◆ Contact your landlord if you have a large mold problem. You need a professional to take care of big mold problems and ensure there is no mold remaining in the walls or floors.
- ◆ **What can you do?** Join the recovery effort by making donations or becoming a volunteer
  - ◇ NYC Service provides information on organizations to which you can make donations and volunteer opportunities. Go to [NYC Service](#) and join in the recovery effort today!
  - ◇ Interested in getting involved with community-organized recovery efforts? Our community partner WE ACT for Environmental Justice suggests [Occupy Sandy](#). Want to learn more about WE ACT? Take a look at [their initiatives!](#)
  - ◇ If donating food, remember to keep it healthy! In these stressful times, healthy food is essential for combating common illness.
- ◆ **What can you do?** Get informed!
  - ◇ If you were affected by the storm, you could qualify for Disaster Assistance through the Federal Emergency Management Agency (FEMA). Find out if you qualify and apply [online](#).
  - ◇ The EPA has a ton of great information! Read about the EPA's [Hurricane Sandy Response Efforts](#) and information about [cleaning up after a storm](#).
- ◆ **What can you do?** Prepare for the future
  - ◇ Read "[Preparing for Hurricane Season](#)" a helpful document from the National Center for Disaster Preparedness.
  - ◇ If you want to plan for your community, learn more about your local [Community Environmental Response Team \(CERT\)](#).



Have questions? Want to learn more? Please email us at [cccehcolumbia@gmail.com](mailto:cccehcolumbia@gmail.com)!



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